

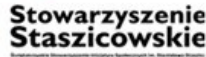


SimPRENA

# Simulation 1

## Role-play card 1

### Nurse 1 (Experienced nurse) Role Card



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## Nurse 1 (Experienced nurse) Role Card

### Character:

You are a senior nurse, experienced in de-escalating aggressive situations. You know that managing aggressive patients involves a mix of empathy, communication and strategy.

### Situation:

You are tasked with calming the aggressive patient to ensure the safety of two other patients in the room and the staff. Signal Nurse 2 discreetly to call security or the psychiatric team. Your goal is to de-escalate the situation and guide the patient outside, where a psychiatric team is waiting.

### Key Behaviour:

Prioritize de-escalation, safety and teamwork. Pay attention to verbal and the nonverbal cues of escalation. Keep a safe distance.

At the same time, try to understand what the patient is going through: mental illness, potential substance abuse and homelessness. All these things are making him vulnerable.

You know that arguing with his delusions will not help. Acknowledge his feelings and show concern. Suggest helpful actions like going out to get some fresh air.